

Tiffield Academy

Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
Choose  from the red section	Main Meal	Pork Sausage	Beef Bolognese	Roast Chicken	Cheese And Onion Whirls	Bubble Crumb Fish Fillet
		Vegetarian Sausage	Vegan Bolognese	Roast Quorn Fillet	Vegetable Chilli	Pasta Shapes in Lentil & Tomato Sauce
		Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese
	Sandwiches	Cheese	Cheese	Cheese	Cheese	Cheese
		Ham	Ham	Ham	Ham	Ham

Choose  from the green section	Side Dish	Sweetcorn	Garlic Bread	Broccoli/Cauliflower	Jacket Wedges	Garden Peas
		Gravy	Wholewheat Pasta	Carrots	Baked Beans	Diced Potatoes
		Mashed Potato	Salad	Roast Potatoes and Gravy	Rice	Garlic Bread & Mixed Salad

Choose  from the yellow section	Dessert	Gingerbread Biscuit	Fruit Muffin	Fresh Fruit Salad with Ice Cream	Chocolate Brownie	Organic Fruity Ice Lolly
		Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
		Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins

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Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
Choose  from the red section	Main Meal	GF Breaded Chicken Burger in a Bun	Macaroni Cheese	Pork Meatballs in Tomato Sauce	Beef Lasagne	Fish Fillet Squares
		No Chicken Burger in a Bun	Vegan Sausage Roll	Quorn Meatballs in Tomato Sauce	Vegetable Lasagne	Vegetable Fingers
		Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato	Jacket Potato
	Sandwiches	Cheese	Cheese	Cheese	Cheese	Cheese
		Ham	Ham	Ham	Ham	Ham

Choose  from the green section	Side Dish	Garden Peas	Green Beans	Broccoli & Cauliflower	Mixed Salad	Mixed Salad
		Diced Potato	Crusty Bread	Carrot	Baked Beans	Baked Beans
		Cheese	Mashed Potatoes	50/50 Rice	Garlic Bread	Jacket Wedges

Choose  from the yellow section	Dessert	Syrup Sponge with Custard	Fruit Cookie	Chocolate Ice Cream Roll	Fruit Jelly with Mandarins	Apple Cake
		Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
		Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins

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Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
Choose  from the red section	Main Meal	Beef Burger in a Bun	Mild Chicken Curry	Roast Gammon	Cheese & Tomato Pizza	Fish Finger Wrap
		Vegan Vegetable Burger in a Bun	Sweet Potato & Chickpea Curry	Roast Quorn Fillet	Pasta in Roasted Vegetable Tomato Sauce	Quorn Fishless Finger Wrap
		Jacket Potato	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato
	Sandwiches	Cheese	Cheese	Cheese	Cheese	Cheese
		Ham	Ham	Ham	Ham	Ham

Choose  from the green section	Side Dish	Baked Beans	Garden Peas	Carrots & Broccoli	Crusty Bread	Corn on Cob
		Diced Potatoes	Naan Bread	Gravy	Mixed Salad	Mixed Salad
		Mixed Salad	50/50 Rice	Roast Potatoes	Jacket Wedges	Baked Beans

Choose  from the yellow section	Dessert	Banana Cake with Custard	Chocolate Cornflake Cookie	Fruit Flapjack	Jam Sponge with Custard	Ice Cream Cones
		Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
		Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins